

Board

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Sean Shore	President	Elliott Saunders	Treasurer
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Dr. Errol Billinkoff	Glenna Kay	Diana Metrik	Stephen Segal
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Jeff Gilbert			

Honorary Solicitor – David I. Marr, BSc, LLB
Psychiatric Consultant – Cara Kroft, MD, FRCPC

Thank you to retiring board Members: Diana Metrik, Dr. Adrian Fine



Sitting: (L-R) Shep Shell, Heather Leonoff, Glenna Kay, Sherry Lercher-Davis; **Middle Row:** Tracy Leipsic, Sean Shore, Hinda Ritter, Elliott Saunders; **Last Row:** Stephen Segal, Jeff Gilbert, Dr. Errol Billinkoff, Emily Shane (Executive Director), Hernan Popper, Dr. Shayne Taback; **Missing:** Bruce Caplan, Dr. Adrian Fine, Aaron Margolis, Diana Metrik, Jonathan Strauss, Pam Wener

Staff

Administration

Emily Shane, MSW, RSW: Executive Director
Ron Beach, CBA: Business Manager
Al Benarroch, BA (Hons), MA (Psych): Clinical Director
Cheryl Hirsh Katz, BSW, MSW, RSW: Supervisor, Older Adult Services
Merrill Shwaid, BA: Communications Development & Marketing
Shelley Garfield, BComm (Hons): Administrator, Financial Assistance Programs
Einat Paz-Keynan, BSW, MSW: Manager, Volunteer Services

Support Services

Inbal Aviv, Administrative Assistant
Ingrid Cohn, Administrative Assistant
Phyllis Gilman, Administrative Assistant
Carol McCall, Office Manager

Services

Counselling

Shelley Levit, BSW, MSW, RSW

Contract Counselling

Janet Bergsgaard, B.Ed, M.Ed, MMFT
Ruth Lehmann, MSW, RSW
Tannis Loescher, BSW, MSW
Bernie Migie, MSW, RSW
Nora Stelzer, MSW, RSW
Aida Strocovsky, MD

Older Adult Services

Helen Aldor, BSc, BSW, MSW, RSW
Smriti Dewan, BA
Michelle Hominick, BA, BSW, RSW
Adeena Lungen, BSW, MSW, RSW

Case-Aide

Krista Zipper, BA

Resettlement/Integration

Iael Besendorf
Carina Blumgrund, BA (Psych)
Einat Paz-Keynan, BSW, MSW
Anna Schoichet, BSc, MD

Child Welfare

Jeff Kryger, BSW, RSW
Ranee Pollock, BSW, MSW, RSW
Yardena Zimmermann, BA, ECE II, BSW

Mental Health

Marvin Hamm, MSW, RSW
Michelle Hominick, BA, BSW, RSW
Judy Plotkin, BA, BSW, RSW

Chaplaincy

Rabbi Yitzchok Charytan

JCFS Staff



Bottom Row: (L-R) Adeena Lungen, Shelley Levit, Judy Plotkin, Cheryl Hirsh Katz, Helen Aldor, Randee Pollock, Marvin Hamm, Rabbi Yitzchok Charytan
2nd Row: Anna Schoichet, Shelley Garfield, Ingrid Cohn
3rd Row: Inbal Aviv, Iael Besendorf, Phyllis Gilman, Carol McCall
4th Row: Ron Beach, Smriti Dewan, Carina Melamedoff, Einat Paz-Keynan, Emily Shane, Al Benarroch
Top Row: Jeff Kryger, Michelle Hominick, Krista Zipper, Merrill Shwaid, Yardena Zimmermann

Message from Our President & Executive Director,

There is no question that the work of Jewish Child and Family Service makes a huge difference in the lives of our clients and in the strengths of our community.

A glimpse into this year's annual report verifies the breadth and depth of our services and programs. At JCFS each and every day brings to life the agency mission of strengthening lives in keeping with Jewish values and reaffirms the agency's vision of being the place in the community where all voices are heard and needs are realized.

Whether the need is financial, emotional or social, whether the stress of life affects children, adults, seniors or families, JCFS continues to be the organization to go to. When you read this annual report remember the individuals and families that each number represents. Behind every number and statistic is a human being needing help in getting their lives on track.

This has been a challenging year in many ways. We have found ourselves doing more with less and coping with an increasing complexity of service requests across all program areas. We have been able to cope by building community partnerships, developing and enriching programs, expanding our base of supporters, strengthening the skills and talent of our professional and compassionate staff and focusing on the dedicated participation of our volunteers.

In short it is only with the ongoing support of the community that we are able to meet the needs that appear on our doorstep. Thank you to our dedicated Board of Directors, our generous donors and funders - together we will continue to build a stronger community one person at a time.

Sean Shore
President

Emily Shane
Executive Director



Sean Shore, President



Emily Shane, Executive Director

Financial Report

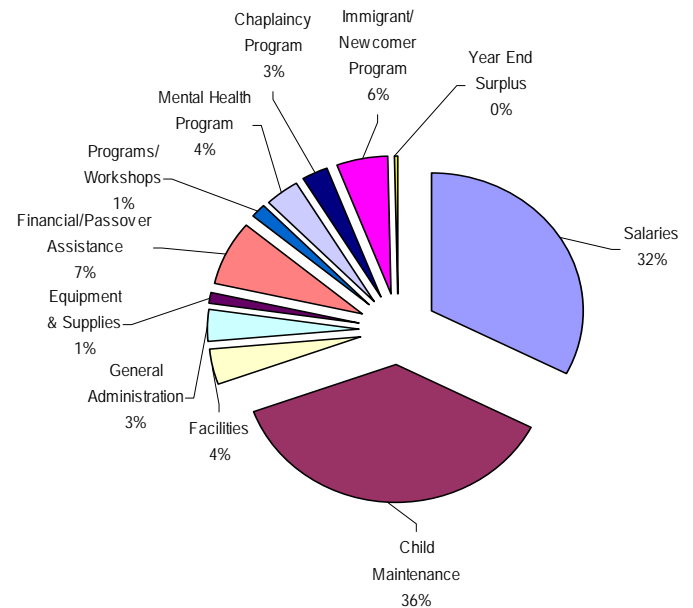
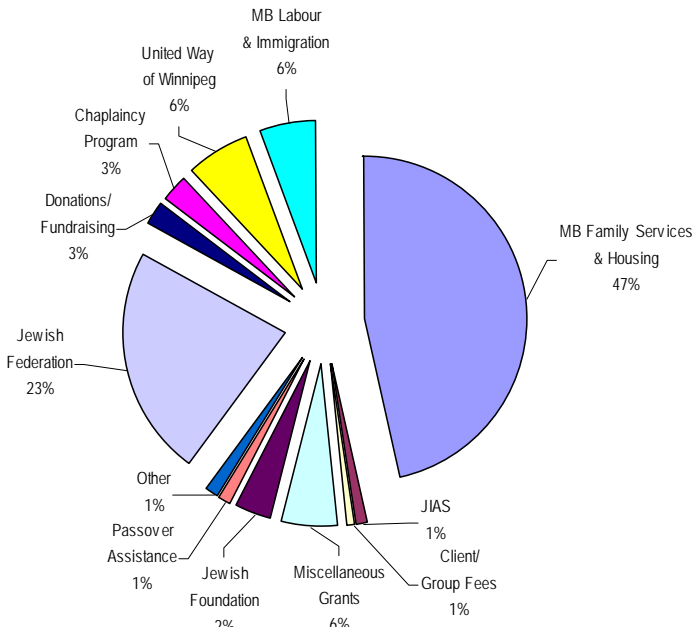
For the Fiscal Year April 1, 2009 to March 31, 2010

Revenue

MB Family Services & Housing	\$ 1,254,225
Jewish Immigrant Aid Services (JIAS)	33,180
Client/Group Fees	19,455
Miscellaneous Grants	148,095
Jewish Foundation of Manitoba	100,225
Passover Assistance	32,500
Other	36,570
Jewish Federation of Winnipeg	620,000
Donations/Fundraising	66,360
Chaplaincy Program	73,095
United Way of Winnipeg	169,265
MB Labour & Immigration	152,600
	<u>\$ 2,705,570</u>

Expenditures

Salaries	\$ 876,240
Child Maintenance	999,810
Facilities	118,055
General Administration	94,830
Equipment & Supplies	34,440
Financial/Passover Assistance	209,895
Programs/Workshops	43,440
Mental Health Program	98,895
Chaplaincy Program	73,230
Immigrant/Newcomer Program	152,035
Year End Surplus	4,700
	<u>\$ 2,705,570</u>



Service Area Highlights

COUNSELLING

This year was highly productive in helping many families and/or individuals through counselling supports. The **Counselling** program assisted **288** families and/or individuals. **Thirty** of those were newcomer families who received language specific services in the counselling area.

JCFS is proud to continue to provide counselling supports to clients of Animikii Ozoson Child and Family Services Inc. and Opaskwayak Cree Nation Child and Family Caring Agency, two Manitoba First Nations child welfare agencies.

Supportive groups continued to be offered at the agency. In partnership with Hospice and Palliative Care Manitoba, JCFS ran the **Taking Steps: Bereavement Walking Group**. As part of the agency's membership on the Winnipeg Suicide Prevention Network, JCFS also offered **Taking Steps: Survivors Of Suicide Bereavement Walking Group**, in partnership with SPEAK (Suicide Prevention, Education Awareness, Knowledge).

COMMUNAL MENTAL HEALTH

The **Communal Mental Health Program** supported and assisted **152** Jewish individuals living with psychiatric differences. Supports were also provided to their families. In combination with the Older Adult Services program, JCFS has placed focus on the unique needs of seniors in our community also living with mental illness.

The "**Chaverim: Building Wellness for Mental Health**" group has continued to grow over this past year. This holistic mental health wellness group now meets on a weekly basis and continues to offer social, cultural, spiritual and physical recovery programming goals of clients. A fitness component has been added in partnership with the Rose and Max Rady Jewish Community Centre. This past year, as one of their holistic healing activities, Wellness group members proudly beautified the Asper Campus by planting and maintaining the summer planters.

RESETTLEMENT/INTEGRATION

JCFS acts as the regional arm of Jewish Immigrant Aid Services of Canada (JIAS), a nationally based organization whose mandate is to serve Jewish immigrants and refugees to Canada. JCFS **Resettlement staff** assisted **371** families with their immigration needs, with **501** total cases in the program. Staff also assisted 105 families with their pre-migration needs. Many of these families were initially welcomed to the community through the Jewish Federation of Winnipeg's Grow Winnipeg initiative.

The community continues to see a consistent level of immigration for the last several years. We welcomed **100** new families with **331** people to Winnipeg. This year the majority of the families received were from Israel, and the majority of those originated from the former Soviet Union.

JCFS **Integration staff** continue to assist families in becoming part of Canadian community life by connecting families to various community organizations or services and by offering many social, cultural, educational and instructional programs.

This year, workshop topics have included: English as an Additional Language (EAL) classes for Russian seniors, EAL for young women, conversational English, income tax information, first time homebuyer information, money management seminars, a series of employment seminars, as well as holiday programs, brit milahs, bar/bat mitzvahs, partnership in Yom Hazikaron (Israel Memorial Day) commemorations, family Shabbat dinner, Youth and Senior performing arts choirs, craft activities for newcomer seniors, and many more.

The JCFS **Newcomer Integration Employment** support person continues to focus on the important employment needs of newcomers to our community. Alongside Integration programming, this work area focuses specifically on supporting newcomers to our community by assisting them in becoming job ready. This includes both direct supports and referral to other, specialized employment service agencies.

OLDER ADULT SERVICES

This past year has been a productive one for the Older Adult Services program, assisting **484** individuals and/or families. In addition to the one-to-one involvement we provide, our group programs continue to be a strong source of support to seniors. **Social Connections** is an ongoing group for individuals with early stage memory loss. **10 to 12** individuals regularly attend this group. The purpose is to provide social contact and intellectual stimulation for clients on a weekly basis and provide respite for family caregivers. We have recently added a south location to accommodate additional members.

Through a grant provided by the New Horizons for Seniors Program, we have had continued programming in partnership with the Congregation Etz Chayim. The project, **Generations Together: Enhancing Mind, Body & Spirit** brings isolated seniors back into community activities and community life. This project offers a series of intergenerational programs which are social, cultural and educational in nature. We have 25-30 individuals who regularly attend.

The **Tallman Fund** has enabled us to extend transportation for clients in a number of ways. It has ensured all of our clients' transportation to all of our group programs. On an individual basis, clients have been assisted with transportation to meet their individual needs for accompanied errands and appointments on a much broader scale.

Older Adult Services workers and our case-aide have been actively involved in a wide range of situations as the needs of seniors in our community continue to grow. Whether the issues are related to changes in physical or mental health, housing, emotional support or assistance to family, workers are readily available to be involved through regular home visits, etc. Social work students enhance the program through their involvement in our field placement program in conjunction with the University of Manitoba.

Support Services To Holocaust Survivors

This specialized service offers support, counselling and information to individuals, couples and families. Assistance with applications for Holocaust Claims for reparation and related issues continue to be provided on a regular basis to a large number of individuals and/or families.

“**Reaching Out**”, a drop-in group, is held every other week. Consisting of **26-30** regular members, this program offers discussion, entertainment and ongoing socialization. A highlight, again this year, was having high school students participate in some interactive programming with the seniors.

VOLUNTEER SERVICES

Through JCFS, clients are matched with volunteers of all ages and varying backgrounds. Students, retired individuals, professionals and people from all walks of life contribute their time, talent and energy as JCFS volunteers.

Volunteers provide support to clients as friendly visitors, accompanying isolated seniors for coffee or a ride in the park. Grocery shoppers and van drivers take clients to purchase their groceries or do the shopping for them. Daily “shalomers” provide an ongoing friendly contact, which gives isolated seniors a connection with a person who is looking out for their security and well-being. Big brothers/sisters are positive role models for young children. Proctors are advocates for our clients with mental health issues. Tutors and host families help newcomers to acclimatize to their new life in Winnipeg. Administrative volunteers provide assistance in our office in a variety of areas.

Please see our complete list of volunteers in this report.

Partnerships In Caring

- **Machon Madrichim** – A Jewish youth leadership program which focuses on developing young leaders with a deep sense of commitment to the Winnipeg community, the State of Israel, and core Jewish values and traditions. This new initiative is generously funded by the Winnipeg Jewish Federation and the Dorothea Gould Foundation. Planning and organizing the program has gone on all this year with the program starting in September 2008 for students in grades 10 and 11. The organizing committee is represented by JCFS, the Gray Academy of Jewish Education, Rose and Max Rady JCC, The Jewish Federation of Winnipeg - Grow Winnipeg, the Shaarey Zedek and Etz Chayim Synagogues, and a number of interested community volunteers.
- In cooperation with BBYO, the agency provided home visits and safety checks for seniors in helping them complete the *ERIK* (**E**mergency **R**esponse **I**nformation **K**it) forms. This valuable initiative is designed to insure the safety and well being of seniors.
- **Friendship Circle** is a cooperative program with Chabad-Lubavitch in which volunteers are paired with foster children in an effort to ensure that the children will have exposure to Judaism. **Ten** volunteers are involved in this program.
- **Domestic/Intimate Partner Violence and Abuse**
Domestic abuse is a pervasive societal issue that affects the Jewish community with equal incidence rates as in the general community. This year the agency reached out to support **15** Jewish women facing domestic violence and abuse in their homes. As a result half of these women left their homes.

JCFS continues to be a key player on the **Jewish Community Task Force for Ending Violence against Women**. This task force is made up of various organizations including: local synagogues, Gray Academy of Jewish Education, Gwen

Secter Creative Living Centre, Chabad Lubavitch, National Council of Jewish Women, the Rady JCC, BBYO, and the Jewish Federation of Winnipeg (including J-Peg, JSA/Hillel, Machon Madrichim).

This year, JCFS staff and Task Force volunteers trained JSA/Hillel in a specialized educational program for teaching teens about healthy (and dysfunctional) dating relationships. **Six** university students were trained in the use of “When Push Comes to Shove, Its No Longer Love”, and with the support of JCFS and the Task Force, will be offering the educational sessions to various Jewish community youth programs (e.g. Machon Madrichim, Gray Academy, etc.). The Task Force will continue to work at increasing awareness and sensitivity in our community about domestic abuse in the Jewish community.

- **JACS (Jewish Alcoholics, Chemically Dependent Persons and Significant Others)**

In response to rising trends of more Jews in our community willing to accept addiction recovery services and requests from community members for culturally specific recovery opportunities, JCFS supports the Winnipeg chapter of **JACS (Jewish Alcoholics, Chemically Dependent Persons and Significant Others)**. JACS Winnipeg has been running **Jewish 12-step meetings** once per week at the Asper Campus since August 2007. Through the support of grants and donations, JACS Winnipeg members have attended the JACS Toronto Retreat as part of their continuing education and development to better outreach to, and assist local community members dealing with issues of addiction.

CHILD WELFARE

Jewish Child and Family Service is fully mandated under the *Child and Family Services Act of Manitoba* to provide child welfare and protection services for Jewish children and families in the province. The **Child Welfare** program worked with **56** families on either a voluntary or involuntary basis.

This past year the agency cared for **28 foster children** from our community. **Twenty-two** of these children were cared for within the **6 foster homes** licensed by JCFS or specialized treatment homes accessed by the agency to meet the very special needs of those children. **Five** children resided in group homes and **1** continues to be supported as young adults in independent living.

The agency continues to strive to maximize the development of strong Jewish identity in our foster children through activities such as **Friendship Circle**, a partnership program with Chabad-Lubavitch of Winnipeg where young Jewish volunteers mentor our foster children in the area of Jewish culture. **Four** of our foster children attended Gray Academy of Jewish Education. The Jewish day and residential camps have also been strong partners in accepting and meeting the needs of Jewish wards, as part of the collective communal responsibility for raising these children. Grant funding from the Jewish Foundation of Manitoba has also made it possible to offer foster families opportunities to celebrate Jewish holidays such as: Passover, Chanukah and Purim.

The JCFS **Adoption** program was actively involved this year working with **6** families.

Post Adoption Services

In an attempt to reconnect with their birth families, the Agency provided **4** adult adoptees with information about their birth family histories and also provided access to the Manitoba Post Adoption Registry.

CHAPLAINCY

This year, the **Chaplaincy** program provided **2,198** visits to hospital patients, nursing home residents, residents in correctional centres and other residential facilities. In addition, **180.5** hours were spent conducting group programs for Shabbat and holidays such as Succoth, Chanukah, Purim, Passover, etc.

The program has been challenged by stricter adherence to privacy legislation within health care facilities. This has impacted the community chaplain's ability to access Jewish patients in those facilities. There has also been an increase in the number of Jewish residents in non-Jewish personal care homes. The community chaplain has spent increasing amounts of time meeting the pastoral care needs of those Jewish residents.

FINANCIAL AID

This year **614** individuals and families received short-term emergency financial assistance with **\$77,445** distributed as financial aid.

JIAS Canada provided **\$24,920** in financial assistance for Jewish newcomers to our community. **Fifty-two (52)** families benefited from this assistance.

The Asper Helping Hand Initiative

The Asper Helping Hand Initiative (TAHHI), an interest free loan program, is now in its seventh year of assisting members of the Jewish community of Manitoba who are experiencing temporary financial hardship. Funding for this program is supported generously by The Asper Foundation.

To date, TAHHI has advanced almost \$300,000 assisting **97** individuals and/or families in need. These loans have assisted **students** with paying for their university tuition, **newcomers** with various resettlement expenses, **single parents** with catching up bill payments and **first-time homebuyers** with covering expenses related to their home purchase.

Total loans advanced - \$299,950 - 97 loans

2003 - \$17,200
2004 - \$25,500
2005 - \$53,900
2006 - \$65,800
2007 - \$40,000
2008 - \$42,000
2009 - \$29,000
2010 - \$26,550 (to April 30, 2010)

The Eve and Harry Vickar Community Assistance Program

The Eve and Harry Vickar Community Assistance Program (VCAP) was launched in January 2006. This program is designed to support Jewish individuals and families facing significant financial challenges. It has been established with the generous support of the L. Kerry Vickar Charitable Foundation as a designated gift through the Jewish Federation of Winnipeg. This program is designed to make a significant difference in the lives of Jewish individuals whose daily struggles due to financial constraints impedes their full participation in Jewish community life and in society generally.

To date (to March 31, 2010), The Eve and Harry Vickar Community Assistance Program has distributed over **\$247,000** assisting **87** individuals and/or families faced with major financial challenges.

Shelley Garfield, Program Manager of The Asper Helping Hand Initiative and The Eve and Harry Vickar Community Financial Assistance Program, participated in various workshops throughout the year, presented to immigrant newcomers. As well, a workshop presentation was directed to the young Jewish leadership group, *Machon Madrichim*, on the topic of "Poverty and Status in the Community".

Tzedakah Fund

Through the Jewish Foundation of Manitoba **36** individuals and families were provided with an interest free loan to help with basic needs. **\$23,110** was distributed through the Tzedakah Fund this year.

MOIS CHITIM

This year **290** Jewish individuals and families received assistance through a community-wide campaign which solicits funding to help those who find it a hardship to meet the extra costs of Passover. **One Hundred, Fifty-Six** Passover food hampers were distributed with the help of Gwen Secter Creative Living Centre, the Manitoba Transit Heritage Association and J-Peg (Jewish Federation of Winnipeg's 25-45 year olds). **527** individuals/ families contributed to Passover Assistance this year. A complete list of contributors can be found in this report.

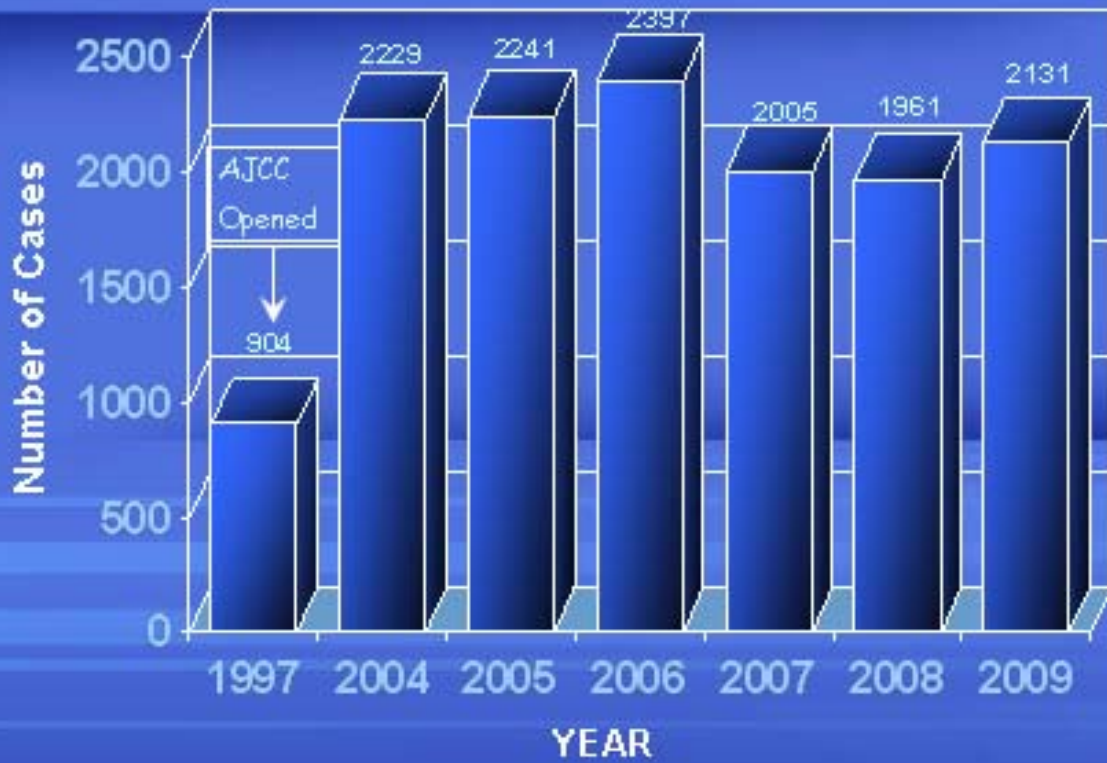
STUDENT TRAINING

Jewish Child and Family Service provides field instruction for the University of Manitoba Faculty of Social Work and the Wurzweiler School of Social Work, Yeshiva University. JCFS offers students a unique opportunity to work in a family-based agency. Because of its cultural orientation, the Agency has gained a reputation as an interesting field placement. This past year we offered field instruction to **three** University of Manitoba students who had an interest in learning about the multi-faceted approach to social services offered by JCFS.

INFORMATION & REFERRAL

Every year we receive **hundreds** of requests for information on available social service resources and programs in the community. The Agency also distributes the names of homemakers and keeps a registry of available homes for emergency placement.

Total Number of JCFS Cases (1997 - 2009)



Our Volunteers Make A Difference

Special thanks to our dedicated group of volunteers who give of their time to help others.

0-2 Years

Meghan Borges
Samantha Cohen
Mitchell Cosman
Arlene Davis
Sergei Didenko
Katelyn Dyck
Prudence Etkin
Ben Fleisher
Marcie Glazerman
Marina Hercovitch
Arkady Kleitman
Lena Laufer
Malka Laufer
Krista Lewis
Richard Magil
Alex Paches
Erin Pritchard
Celia Sarbit
Margarita Saverchenko
Aaron Sodomsky
Dena Stitz
Amber Sucharov-Benarroch
Simone Sucharov-Benarroch
Naval Tata
Celeste Taylor
Tzafi (Tzipora) Weinberg

2-5 Years

Melanie Baruch
Sharon Berkowitz

Cheryl Billinkoff
Mark Breslauer
Heather Cunningham
Ethyl Dil
Marlene Duncan-Williams
Sheldon Earn
Shannon Ginter
Meira Gisser
Chas Goodridge
Ari Hanson
Dawn Katz
Ksanya Khomenko
Per Ilan Kraut
Ricardo Krigun
Rochelle Litman
Bonnie Marantz
Galina Meehalchan
Elizabeth Morales
Avi Posen
Ksenia Prints
Vanessa Prophet
Elena Sakharov
Geoff Shaffer
Tatyana Shilshut
Colleen Slater
Fred Switzer
Pablo Szajt
Laura Thiessen
Lois Thiessen
Barry Weber
Laura Weinsinker

Rene Weinstein
Ron Wolfe
Brenda Yakir
Linda Zimmerman

5-10 Years

Emilio Allami
Sheila Altman
Harvey Appelle
Abraham Baum
Sheila Calof
Avrom Charach
Barney Charach
Fayanne Charach
Ruth Charach
Saul Cherniack
Elias Demissie
Charley Elazar
Adrian Fine
Charles Frohlich
Sara Goorvich
Phyllis Hennan
Bella Iomdina
Bruce Kettner
Fern Kettner
Israel (Soody) Kleiman
Mary Moyal
Javier Nudler
Morris Ostrove
Carolyn Penner
Zofia Perlikowski

Karen Richter
Alex Serebnitski
Shep Shell
Norman Shore
Sophie Shulman
David Silverman
Lana Silvius
Alexandra Skouratova
Frank Steele
Sigi Wassermann
Arlene Wiebe
Sari Yakubovich

10-15 Years

Isaac (Ike) Greenfeld
Sheldon Margolis
Gerard McDonough
Sofya Paradny
Claire Peltz
Daniel Thau-Eleff
Norman Wolk

15-20 Years

Jason Fraser
Orah (Helen) Kleiman

25-30 Years

Toby Koffman

Long Time Service Awards

Five Years of Service



Ari Hanson: Ari was introduced to JCFS when he was hired as a summer student five years ago. He has continued his involvement with JCFS as a volunteer. Ari has many qualities that demonstrate that he is a most giving person. He goes beyond the call of duty to help those in need of his service. He has assisted the elderly clients we serve by grocery shopping, running errands and helping them move. His respectful and kind nature endears him to all who have had the pleasure to meet him.



Zofia Perlikowski: Zofia began volunteering with JCFS when she was a Social Work student at the University of Manitoba. She was interested in gaining experience in working with seniors. Zofia was placed as a friendly visitor/grocery shopper to provide one-on-one support with a client. This turned out to be a “match made in heaven” as Zofia and this woman formed an immediate connection. Zofia’s care and commitment over the past five years has been evident in the wonderful friendship they have formed. Zofia often expresses that she is the one that is benefiting from being a volunteer as she has gained much more than she has given.



Barry Weber: Barry has been available to help a number of our elderly clients in numerous ways. We are very appreciative of the fact that Barry is “on call” whenever we need his assistance and tries very hard to accommodate a last minute request. Barry’s positive approach and cheerful attitude make him a welcome visitor for the seniors he visited in the past. His capable assistance with grocery shopping and escorting clients to doctors’ appointments are qualities that make him a valued volunteer.



Arlene Wiebe: Arlene began volunteering with JCFS when she was asked to accompany a client to the symphony using complimentary tickets that JCFS is appreciative to receive. Through Arlene's participation an isolated senior enjoyed a cultural evening out - something she enjoyed immensely. Arlene and her elderly companion have developed a special relationship over the years and have remained in contact by phone on a regular basis.

Ten Years of Service



Daniel Thau-Eleff: For the past ten years Daniel has been a big brother to a very special young man. Their friendship has developed into a unique relationship. The time they spend together has included many varied activities which they have enjoyed together. For example, they have visited Fort Whyte Alive, have gone to movies, spent time at the zoo, or dined out at restaurants. One of the most memorable times they have had was their trip to Gimli where they enjoyed staying in his buddy's family trailer.

Daniel and his special friend have created a special bond filled with wonderful memories.

Fifteen Years of Service



Gerard McDonough: Fifteen year ago JCFS became involved with the Sturgeon Creek Enterprises, which is now known as Lifeworks. The association began as a pilot project which was designed to locate volunteer work and community involvement opportunities for mentally and physically challenged people. Support worker, Gerard McDonough and his buddy Jason have been helping our seniors on the grocery van once a week. Gerard's capable guidance has helped Jason on these grocery shopping excursions. The fifteen year project has been a great success story for all of us who have been involved.



Sheldon Margolis: Sheldon Margolis is a modern day hero for many seniors who have come to depend on Sheldon's help to go on shopping trips to purchase their groceries. Sheldon's enthusiasm and smiling approach make every shopping trip a positive experience. Sheldon is following in the Margolis family tradition of giving to help make the world a better place for all those he meets. We are very appreciative of Sheldon's assistance in transporting grocery donations from the various synagogues to fill our emergency grocery pantry. When he and his wife, our former JCFS president Rita, notice that our pantry is short of nutritious items, cases of food products are magically delivered to make up for the deficiencies. Sheldon you are one-of-a-kind. Thank you for being the *gitta na-shumah* you are!



Norman Wolk: Norman has been a wonderful source of information and guidance to many immigrants when they first arrived in Winnipeg. His encouragement, advice and wisdom led many newcomers to securing employment in their new home here. Over the last few years Norm has been available on a "on call" basis to transport seniors to doctors' appointments. Norman has been a reliable helper to many clients. His responsibility to ensure that his elderly passengers are picked up from their homes, escorted to the doctor's office for their appointment and returned safely back home is greatly appreciated. Norm's positive attitude and smiling face helps make the day a brighter one when he is there to offer a helping hand!

Photo Highlights Of The Year



Group of JSA Hillel training to lead Dating Abuse Workshops. Students shown with Mary Ann Rosenbloom, JWI representative.



Mental Health Social Worker, Judy Plotkin, during Mental Health Awareness Week.



Results of JCFS Wellness Program Planting Project.



Executive Director, Emily Shane, receives Sir Hugh John Macdonald Award from Macdonald Youth Services.



JCFS Senior Choir Performs.



JCFS Junior Choir performs at Chanukah.

A Big Thank You

To Our 2009-10 Donors, Friends and Supporters

Jewish Federation of Winnipeg CJA Designated Donations - \$5,000 - \$10,000

Leonard Asper & Susan Higgins

Mark & Dorothy Danzker Perpetual Trust Fund

Naomi Levine & the Mauro Family Foundation

Richard Morantz & Sheree Walder Morantz

Michael Paterson & Gail Asper

Mitzvah \$1000. +

Gail Asper Family Foundation Inc.

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Marjorie & Morley Blankstein

Jacob & Esther Cohen

Martin Itzkow

Frank Lavitt & Ahava Halpern

Aubrey Margolis

RBC Foundation

Diane & Sandy Shindleman

Dr. Shayne & Kathryn Taback

Pam Wener & Gary Altman

Friends - \$100.-\$249.

Reeva Abrams

Michael & Reesa Averbach

Allan & Lynne Becker

Ike & Rebecca Bernstein

Magda Bihler

Dr Errol & Mrs Susan Billinkoff

Leona Billinkoff

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Randa Bloom

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Barney & Ruth Charach

Hadera & Mark Chisick

Ben-Zvi & Simone Cohen

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Esther Finkle

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Edith Landy

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Laurie & Bayla Mainster

Brian & Donna Malenki

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Menorah Lodge No. 167

Joe & Rose Mindell

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