**ACTION VERBS** Use them to describe your skills and accomplishments when writing your resume and cover letters. They will increase the strength of your writing and make potential employers take notice!

## **Communication/People Skills**

Addressed	Contacted	Explained	Listened	Recruited
Advertised	Conveyed	* Expressed	Marketed	Referred
Arbitrated	* Convinced	* Formulated	Mediated	Reinforced
Arranged	Corresponded	Furnished	Moderated	Reported
Articulated	* Debated	Incorporated	Negotiated	Resolved
* Authored	Defined	* Influenced	Observed	Responded
Clarified	Developed	Interacted	Outlined	Solicited
Collaborated	* Directed	Interpreted	Participated	Specified
Communicated	Discussed	* Interviewed	Persuaded	* Spoke
* Composed	Drafted	Involved	Presented	* Suggested
* Condensed	* Edited	Joined	Promoted	Summarized
Conferred	Elicited	Judged	Proposed	Synthesized
* Consulted	Enlisted	* Lectured	Publicized	Translated
			Reconciled	Wrote
		<b>Creative Skills</b>		
Acted	Created	Entertained	Instituted	Performed
			- E	

* Acted	Created	Entertained	Instituted	Performed
Adapted	Customized	Established	Integrated	Photographed
<sup>♣</sup> Began	Designed	Fashioned	Introduced	Planned
* Combined	Developed	Formulated	Invented	Revised
Composed	Directed	Founded	Modeled	Revitalized
Conceptualized	Displayed	Illustrated	Modified	Shaped
Condensed	Drew	Initiated	* Originated	Solved

Data/Financial Skills				
* Administered	* Audited	Corrected	Marketed	Projected
Adjusted	Balanced	Determined	Measured	Qualified
* Allocated	* Budgeted	Developed	Netted	Reconciled
Analyzed	Calculated	Estimated	Planned	Reduced
Appraised	Computed	Forecasted	Prepared	Researched
*Assessed	Conserved	Managed	Programmed	Retrieved

## **Helping Skills**

<ul> <li>Adapted</li> <li>Advocated</li> <li>Aided</li> <li>Answered</li> <li>Arranged</li> <li>Assessed</li> <li>Assisted</li> </ul>	Coached Collaborated Contributed Cooperated Counseled Demonstrated	<ul> <li>Encouraged</li> <li>Ensured</li> <li>Expedited</li> <li>Facilitated</li> <li>Familiarized</li> <li>Furthered</li> <li>Guided</li> </ul>	<ul> <li>Helped</li> <li>Insured</li> <li>Intervened</li> <li>Motivated</li> <li>Prevented</li> <li>Provided</li> <li>Referred</li> </ul>	Rehabilitated Represented Resolved Simplified Supplied Supported Volunteered
* Clarified	* Educated	Guided	Referred	Volunteered

## Management/Leadership Skills

Administered	* Approved	Authorized	Consolidated	Converted
* Analyzed	*Assigned	* Chaired	Contracted	Coordinated
* Appointed	* Attained	Considered	Controlled	Decided

## Management/Leadership Skills (cont.)

Wanagement/Leader sinp Skins (cont.)							
Delegated	* Generated	Inspected	Overhauled	* Restored			
* Developed	* Handled	* Instituted	* Oversaw	* Reviewed			
<sup>♣</sup> Directed	<sup>♣</sup> Headed	<b>♣</b> Led	Planned	Scheduled			
Eliminated	Hired	Managed	Presided	* Secured			
* Emphasized	* Hosted	* Merged	* Prioritized	* Selected			
* Enforced	* Improved	* Motivated	* Produced	* Streamlined			
* Enhanced	*Incorporated	* Navigated	* Recommended	*Strengthened			
* Established	Increased	• Organized	* Reorganized	*Supervised			
* Executed	* Initiated	* Originated	* Replaced	*Terminated			
Executed	Initiated	Originated	Replaced	Terminated			
		rganizational Skill					
* Approved	* Corrected	* Maintained	Purchased	* Submitted			
*Arranged	*Corresponded	Monitored	Recorded	Supplied			
Catalogued	Distributed	Obtained	Registered	Standardized			
Categorized	Executed	Operated	Reserved	Systematized			
* Charted	* Filed	* Ordered	Responded	<sup>♠</sup> Updated			
* Classified	* Generated	* Organized	* Reviewed	* Validated			
* Coded	* Incorporated	* Prepared	* Routed	Verified			
<sup>♠</sup> Collected	* Inspected	* Processed	Scheduled				
* Compiled	Logged	Provided	* Screened				
1		Research Skills					
		*n 1 1		*D 1 1			
Analyzed	Detected	Explored	Invented	Reviewed			
Clarified	Determined	Extracted	Investigated	Searched			
* Collected	Diagnosed	Formulated	Located	Solved			
* Compared	* Evaluated	Gathered	Measured	Summarized			
Conducted	Examined	Inspected	Organized	Surveyed			
* Critiqued	* Experimented	* Interviewed	Researched	Systematized Tested			
Teaching Skills							
♣ A dontad	* Coordinated	* Evaloined	* Instilled	* Taught			
<ul><li>Adapted</li><li>Advised</li></ul>	-	* Explained * Facilitated	Instructed	* Tested			
* Clarified	Critiqued	* Focused	* Motivated	* Trained			
* Coached	Developed	Guided					
	Enabled		Persuaded	Transmitted			
Communicated	Encouraged	*Individualized	* Simulated	* Tutored			
* Conducted	* Evaluated	* Informed	* Stimulated				
Technical Skills							
Adapted	Constructed	Fabricated	Programmed	Restored			
* Applied	<sup>♣</sup> Converted	Fortified	* Rectified	Solved			
* Assembled	* Debugged	* Installed	* Regulated	Specialized			
<sup>♣</sup> Built	<sup>♣</sup> Designed	Maintained	* Remodeled	* Standardized			
<sup>♣</sup> Calculated	→ Determined	Operated	Repaired	Studied			
* Computed	→ Developed	• Overhauled	* Replaced	Upgraded			
* Conserved	* Engineered	* Printed	1	<sup>♣</sup> Utilized			
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